



Changes to the Foodsmart program, effective February 1, 2022

We hope you have enjoyed using Foodsmart and that you're finding eating healthy a little easier.

Beginning February 1, 2022, Foodsmart will no longer be offered as a no-cost CU Health Plan program, but you can continue using a downgraded version of this program.

Although a few features will no longer be available to you, you'll continue to have access to...

- **Easy, Go-To Recipes**
Keep discovering delicious, healthy recipes — all filtered to match your preferences.
- **Simplified Grocery Shopping**
Add entire recipes to your Foodsmart grocery list, view it on your phone as you shop, or email it to whoever's on grocery duty
- **Expert Nutrition Advice**
Check out Foodsmart on [Facebook](#) and [Instagram](#), and read our bi-weekly email newsletter for expert nutrition advice, featured recipes and more.

Have questions about your new Foodsmart account?

See below or contact support@foodsmart.com for more details.

1. **Will my member login change?**
Your login link and credentials will remain the same.
2. **Which features will be available to me using the free version of Foodsmart?**
Members will have access to recipes and grocery shopping only.
3. **Will grocery ordering still be available?**
Yes, you will still have access to ordering groceries through your recipes.

Looking for additional nutritional and culinary resources? Check out the CU Health Plan's list of [10 Free and Low-Cost Nutrition Apps](#).

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