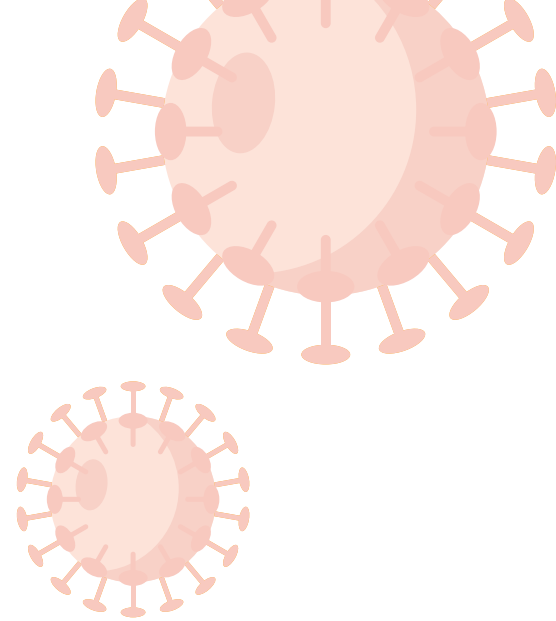


COVID-19 support

from Ovia Health

Ovia Health is designed to support women & families on the path to and through parenthood. In response to the COVID-19 pandemic, we've created additional tools and support to ensure that you have access to the resources and information you need during this time.



how to find these resources

- 1 Open your Ovia app
- 2 Tap "health" in your bottom bar menu
- 3 Tap "COVID-19 Support"

Digital symptom tool

Our COVID-19 symptom tool is informed by CDC recommendations. You can use it regularly to assess your symptoms. Based on your results, Ovia Health will provide curated resources and guidance.

1:1 health coaching

Ovia Health is continuously training our coaching team of medical professionals on CDC, ACOG, ASRM, and AAP guidelines. They are available 7 days a week to provide expert advice and social emotional support.

COVID-19 support center

There is a COVID-19 support center in each Ovia Health solution. The center includes articles about COVID-19 and what it means for you and your family, as well as easy access to the symptom tool and health coaching.

If you have any questions or suggestions for how we can better support you during this time, please don't hesitate to reach out to us at support@oviahealth.com