## AMENDMENT NO. NINE TO THE UNIVERSITY OF COLORADO HEALTH AND WELFARE PLAN

WHEREAS, The Regents of the University of Colorado, a body corporate and a state institution of higher education of the State of Colorado (the "University" or "University of Colorado") maintain the University of Colorado Health and Welfare Plan (the "Plan") for the benefit of eligible employees; and

WHEREAS, Section 6.1 of the Plan reserves to the University the right to amend the Plan;

NOW THEREFORE, the Plan is amended, effective July 1, 2011, except as otherwise provided herein, to read as follows:

1. Section 3.1 of the Plan is amended in its entirety, effective July 1, 2011, to read as follows:

# "3.1 Benefits Incorporated by Reference

The terms, conditions and limitations of certain of the component benefits offered under this Plan are contained in the applicable Component Documents referenced in Appendix III and which are incorporated herein in full, as amended from time to time. The insurer, contract number, or funding method of providing benefits may change from time to time and shall be reflected in the applicable Component Documents.

The component benefit plans include:

- (a) medical and prescription drug benefits provided through health maintenance, preferred provider organization or point-of-service contracts and riders thereto; and
- (b) in certain cases, vision benefits and/or wellness and prevention program benefits.

An on-site Biometric Screening Program and flu shots are available to eligible participants (active employees and retirees only) and are only available at such times and locations as designated by the Plan Administrator.

Wellness and prevention program benefits in addition to those described in (b) above may also be made available to eligible participants and eligible dependents as a component benefit plan as determined by the Plan Administrator."

2. Section 3.1 of the Plan is amended in its entirety, effective July 1, 2012, to read as follows:

## "3.1 Benefits Incorporated by Reference

The terms, conditions and limitations of certain of the component benefits offered under this Plan are contained in the applicable Component Documents referenced in Appendix III and which are incorporated herein in full, as amended from time to time. The insurer, contract number, or funding method of providing benefits may change from time to time and shall be reflected in the applicable Component Documents.

The component benefit plans include:

- (a) medical and prescription drug benefits provided through health maintenance, preferred provider organization or point-of-service contracts and riders thereto;
- in certain cases, vision benefits and/or wellness and prevention program benefits; and
- (c) behavioral health evaluations, clinical health coaching regarding cardiovascular disease, and MRI/lumbrosacral spinal injection evaluations.

An on-site Biometric Screening Program are available to eligible participants (active employees and retirees only) and are only available at such times and locations as designated by the Plan Administrator.

Wellness and prevention program benefits in addition to those described in (b) above may also be made available as determined by the Plan Administrator to eligible participants and eligible dependents."

3. The second full paragraph of Appendix II.A. is amended in its entirety, effective July 1, 2012, to read as follows:

"Otherwise eligible Employees and their dependents, former Employees of the University and their dependents, and Regent Board members who are covered under one of the Component Documents listed in Appendix III.A.1 through 3 and 6, are eligible for the behavioral health evaluations, clinical health coaching regarding cardiovascular disease, and MRI/lumbrosacral spinal injection evaluations."

4. The last sentence of Appendix II. B. is amended in its entirety, effective July 1, 2012 to read as follows:

"Employees of UCH and their dependents and former Employees of UCH and their dependents who are covered under one of the Component Documents listed in Appendix III.A.1 through 3 and 6, are eligible to participate in the behavioral health evaluations, clinical health coaching regarding cardiovascular disease, and MRI/lumbrosacral spinal injection evaluations."

5. The last sentence of Appendix II. C. is amended in its entirety, effective July 1, 2012 to read as follows:

"Employees of UPI and their dependents and former Employees of UPI and their dependents who are covered under one of the Component Documents listed in Appendix III.A.1 through 3 and 6, are eligible to participate in the behavioral health evaluations, clinical health coaching regarding cardiovascular disease, and MRI/lumbrosacral spinal injection evaluations."

6. Appendix III of the Plan is amended in its entirety, effective July 1, 2012, to read as follows:

### "APPENDIX III

### COMPONENT DOCUMENTS

Effective July 1, 2012, or unless otherwise noted herein, the terms, conditions and limitations of the benefits described in Article III of the Plan are contained in the Component Documents listed from time to time in this Appendix III which are incorporated herein by reference. Component Documents which are healthcare components subject to HIPAA are indicated in parentheses. The Component Documents listed below can be found at <a href="https://www.cu.edu/pbs/benefits/spd.html">https://www.cu.edu/pbs/benefits/spd.html</a>.

# A. Medical and Prescription Benefits (HIPAA)

- 1. Benefits Booklet for CU Health Plan Access Network (HIPAA)\*
- 2. Benefits Booklet for CU Health Plan High Deductible (HIPAA)
- 3. Benefits Booklet for CU Health Plan Exclusive (HIPAA)
- 4. Health Risk Assessment Program (HIPAA)\*\*
- 5. Benefits Booklet for CU Health Plan Administered by Kaiser Permanente Insurance Company (HIPAA)

# 6. Benefits Booklet for CU Health Plan - Medicare

- \* Membership frozen. Only available to subscribers who were subscribers as of June 30, 2010 who have continuously subscribed.
- \*\* The Health Risk Assessment Program includes a health coaching program which is available to participants who enroll in the CU Health Plan Administered by Kaiser Permanente Insurance Company."

7. The Administrator subsection of Appendix IV of the Plan is amended in its entirety, effective July 1, 2012, to read as follows:

#### "Administrator

Rocky Mountain Hospital and Medical Services, Inc. d.b.a. Anthem Blue Cross and Blue Shield (for BlueAdvantage HMO Plan, Lumenos Health Savings Account (HSA – Compatible) Plan, UA Net Plan, and Medicare Primary Plan) (terminated after the end of the claims run out period) 700 Broadway Denver, CO 80273-0001 800-735-6072

CIGNA Health and Life Insurance Company (for CU Health Plan - Access Network, CU Health Plan - High Deductible, CU Health Plan - Exclusive and CU Health Plan - Medicare)
8505 East Orchard Road
Greenwood Village, CO 80111

Wellness and Prevention, Inc. (for Health Risk Assessment Program)
420 Delaware Drive
Fort Washington, PA 19034

Colorado Access dba Access Health Benefit Solutions (for UA Net Plan - Colorado Springs) (terminated after the end of the claims run out period)
10065 E. Harvard Ave, Suite 600
Denver, Colorado 80231

Kaiser Permanente Insurance Company (for CU Health Plan – Administered by Kaiser Permanente Insurance Company)
300 Lakeside Drive
26th Floor
Oakland, California 94612

Navitus Health Solutions, LLC (for pharmacy benefit management services only with respect to the UA Net Plan – Colorado Springs) (terminated after the end of the claims run out period)
2601 West Beltline Highway, Suite 600
Madison, WI 53713

HealthSmart Payors Organization, LP (for negotiating arrangements with healthcare providers only with respect to the UA Net Plan - Colorado Springs) (terminated after the end of the claims run out period)

222 West Las Colinas Blvd., Suite 600N

Irving, TX 75039

Health Promotion Management, Inc. (for biometric screening program)

730 Burbank Street

Broomfield, CO 80020"

8. The Administrator/Named Claims Fiduciary subsection of Appendix IV is amended in its entirety, effective July 1, 2012, to read as follows:

"Administrator/Named Claims Fiduciary with respect to CU Health Plan – Administered by Kaiser Permanente Insurance Company	Harrington Health Services, Inc. 675 Brooksedge Blvd. Westerville, OH 43081
Administrator/Named Claims Fiduciary with respect to CU Health Plan – Access Network, CU Health Plan – High Deductible, CU Health Plan – Exclusive, and CU Health Plan – Medicare	CIGNA Health and Life Insurance Company 8505 East Orchard Road Greenwood Village, CO 80111"

9. Appendix VI is amended, effective July 1, 2012, by: (a) deleting the effective date of "July 1, 2011" and inserting the effective date "July 1, 2012" under the "Effective Date" section of the Notice; (b) deleting the paragraph regarding "Health Related Benefits and Services" under the "How We May Use and Disclose Your Protected Health Information Without Your Prior Written Agreement" section; and (c) deleting the paragraph regarding "Genetic Information" under the "Other Disclosures" section.

This Amendment No. Nine may be executed by original signature or electronic signature in multiple counterparts and may be delivered by fax or other electronic means, each of which shall be deemed to be an original, and all of which, when taken together shall constitute one (1) document.

The University of Colorado has caused this Amendment No. Nine to be effective

July 1, 2011, unless otherwise provided herein, and execu	ited as provi	ded below.	
PLAN SPONSOR			
THE REGENTS OF THE UNIVERSITY OF COLORADO, a body corporate and a state institution of higher education of the State of Colorado		*	
By: Mus White Bruce D. Benson	Date:	6.18.12	
President			
The Participating Employers agree to Amendment No. Name and Welfare Plan effective as of July 1, 2011, unless other	ine to the Un erwise provid	niversity of Colorado Hea ded herein.	ltł
PARTICIPATING EMPLOYERS (IN ADDITION TO PLAN SPONSOR)	)		
UNIVERSITY OF COLORADO HOSPITAL AUTHORITY, a body corporate and political subdivision of the State of Colorado			
By: WWW. CONVINIE	Date:	10/18/12	
Darryl Varnado Vice President & Chief Human Resources Officer			
UNIVERSITY PHYSICIANS, INCORPORATED			
By: MUZ For:	Date:	6/15/2	_
UNIVERSITY OF COLORADO HOSPITAL AUTHORITY, a body corporate and political subdivision of the State of Colorado  By:  Darryl Varnado Vice President & Chief Human Resources Officer  UNIVERSITY PHYSICIANS, INCORPORATED	Date:	6/15/2	_

**Executive Director**