

UNIVERSITY OF COLORADO AND UC HEALTH CORPORATE MEMBERSHIP PLAN 2018

	Young Adult (18-28 yrs)	Adult (29-64 yrs)	Senior Citizen (65+ yrs)	Two Senior Citizen (65+ yrs)	Two Adult Household w/no Children	One Adult HH w/ Children	Two Adult HH w/ Children
YMCA Monthly Membership	\$46	\$60	\$49	\$89	\$94	\$82	\$102
Less YMCA Subsidy	\$10	\$10	\$10	\$10	\$10	\$10	\$10
Employee Monthly Fee	\$36	\$50	\$39	\$79	\$84	\$72	\$92

^{*}The YMCA will discount the membership \$10/mth upfront. Employee is responsible for the balance & billing information will be collected in order to draft on the 1st OR 15th.

Employee must bring this flyer in with them, along with badge/paystub when activating a membership as proof of eligibility.

Joining fee: Waived - One time offer only. Applies to all new joins.

Two-Adult Household is defined as two adults living at the same address sharing expenses with no children.

Two – Adult Household with Children is defined as two adults and any child 21 and younger or a full-time student age 24 and younger living in the same household.

One – Adult Household with Children is defined as one adult and any child age 21 and younger or a full-time student age 24 and younger living in the same household.

How do employees sign-up for corporate membership?

- Visit a YMCA of the Pikes Peak Region, prove employment with an identification badge or pay check stub. Employee will also present this flyer upon sign up.
- Existing members will need to follow up with their Y to prove employment (present badge or pay check stub). Discounts will be applied to their next bank draft.
- At any time you may put your membership on "HOLD" for \$5 dollars per month for up to four months. Hold notifications must be received 5 days prior to draft.

Other benefits

- New members & existing members are eligible to participate in the Y Bucks Program.
- New members will receive a waived joining fee (up to \$99 value)
- Additional 15% off Camp Shady Brook Summer Camps
- Employees are eligible for the "Fit Path" Program and will receive their choice of one of the following:
 - o Free Fitness Orientation Session

One free hour fitness Orientation with a certified Personal Trainer.

o Fitness Assessment

This series of tests will help assess your strength, endurance and flexibility. Our Healthy Living staff will help you create a realistic fitness plan and set reachable goals.

o InBody

The Y provides members with a free body composition test that shows Body Fat, BM Body Mass Index), Dry Lean Mass, Total Body Water and much more. Test results further aid in forming an overall health and wellness plan.

· Printouts for stretches and core strength exercises.



Rewards - Y Bucks

Employees will also have an opportunity to receive an additional discount with our Rewards Program. This program will track the employee's visits to the YMCA of the Pikes Peak Region from January - June and from July - December. If the employee visits the Y 60 times during the given 6 month period, the employee will receive \$30 in Y Bucks for an individual/family membership. Families of the employee are eligible to earn an additional \$30 in Y Bucks for visiting the Y 60 times in the given 6 month period. Y Bucks can be used towards specialty classes, swim lessons, personal training, massages and more. YBucks expire the last day of the following 6 months. Example: Bucks issued in Jan, expire on December 31st.

For additional information please contact, Beth Vialpando, Corporate Engagement Specialist 719-329-7267



Y LOCATIONS

OUR MISSION: To put Christian Principles into practice through programs that build healthy spirit, mind and body for all.



YMCA of the Pikes Peak Region **Association Offices**

316 North Tejon Street Colorado Springs, CO 80903 719.471.9790

Briargate

4025 Family Place Colorado Springs, CO 80920 719.282.9622

YMCA Camp Shady Brook 8716 South Y Camp Road Sedalia, CO 80135 719.329.7266 www.campshadybrook.org

*Cottonwood Creek Recreation Center

3920 Dublin Boulevard Colorado Springs, CO 80918 719.385.6508

Downtown

207 North Nevada Avenue Colorado Springs, CO 80903 719.473.9622

Fountain Valley

301 East Iowa Ávenue Fountain, CO 80817 719.382.1561

Garden Ranch

2380 Montebello Drive West Colorado Springs, CO 80918 719.593.9622

*Memorial Park Recreation Center

280 South Union Boulevard Colorado Springs, CO 80910 719.385.5984

*Monument Valley Pool (Seasonal)

220 Mesa Road Colorado Springs, CO 80903 719.578.6636

*Portal Pool (Seasonal)

3535 North Hancock Avenue Colorado Springs, CO 80907 719.388.8287

*Prospect Lake Beach (Seasonal)

619 Prospect Lake Drive Colorado Springs, CO 80910 719.227.1796

Southeast & Armed Services

2190 Jet Wing Drive Colorado Springs, CO 80916 719.622.9622

Tri-Lakes

17250 Jackson Creek Parkway Monument, CO 80132 719.481.8728

*Wilson Ranch Pool (Seasonal)

2335 Allegheny Drive Colorado Šprings, CO 80919 719.598.3226

For hours of operation please visit www.ppymca.org. *City-owned; operated by the YMCA of the Pikes Peak Region